

# HEALTHIER FUTURES FOR WOMEN AND GIRLS IN ETHIOPIA

## PROJECT INFORMATION SHEET

### The project

This project aims to improve women and girls' wellbeing through better access to reproductive health services and the information necessary to make informed family planning choices. The project aims to increase women's knowledge of and access to contraception while improving child and maternal health, to boost the economic prospects of the whole community.

Although primarily working to address the immediate reproductive health needs of women and girls, the project will also seek to influence the social structures that marginalise women. By Working together with the Ethiopian Government, public policy around increasing access to sexual and reproductive health will be improved at both local and national level.

Young people will be educated in sexual negotiation, contraception and condom use. Giving sexual health education to children at a young age could be a vital turning point in decreasing the number of teenage pregnancies and unwanted pregnancies.

Pregnant women will benefit from improved maternal health services. Young women and teenagers will be specifically targeted, benefiting from increased access, empowerment, changed attitudes and improved reproductive health. Children under five will benefit from mothers' increased knowledge and access to facilities.



Young women and mothers will benefit from increased access to health information and services.

The project will work in close collaboration with the public sector, helping to ensure that local authorities deliver a high quality, accessible service to communities.

Educating women about the role they can play in contributing to their community will raise their self-confidence. Through participation in this project they will have a voice in decisions which affect their lives and this will increase their social status.

### By 2020, with your support, the project hopes to:

- double contraception usage in young women in the targeted communities to 59%
- educate young women and halve the rate of teenage pregnancy to 5%

#### Purpose:

To increase access to reproductive health information and services to vulnerable women in Gamogofa, Wolayta and Segen Zones of southern Ethiopia.

#### Partners:

Women Support Association (WSA) and Ethiopian Interfaith Forum for Development Dialogue and Action (EIFDDA)

**Matched funding ratio:** 5:1

**Donation deadline:** 30 October 2017

- increase access to maternal health services, including antenatal and post-natal care, and to ensure births are attended by health workers
- improve the provision of healthcare at community and national level
- increase the proportion of babies being delivered by skilled midwives from 18.4% to 60%.

This project will be carried out through a consortium including Christian Aid, Amref Health Africa, EIFDDA and WSA. Christian Aid will work to raise awareness of reproductive health issues, while Amref will build the capacity of health facilities and healthcare professionals providing reproductive health services.

### Christian Aid and its partners will work to:

- distribute educational material to 640,500 people
- broadcast weekly radio messages
- conduct 180 school and 576 community campaigns
- organise 1,800 community conversation sessions
- hold workshops and discussions about reproductive health for 710 religious leaders
- establish and support 180 adolescent Bible/Quran study groups
- develop and distribute sermon guides and theological booklets
- establish or strengthen 36 in-school and 30 out-of-school health clubs
- give 330 youth peer educators a five-day refresher training on sexual and reproductive health and life skills development
- organise discussions with decision makers.

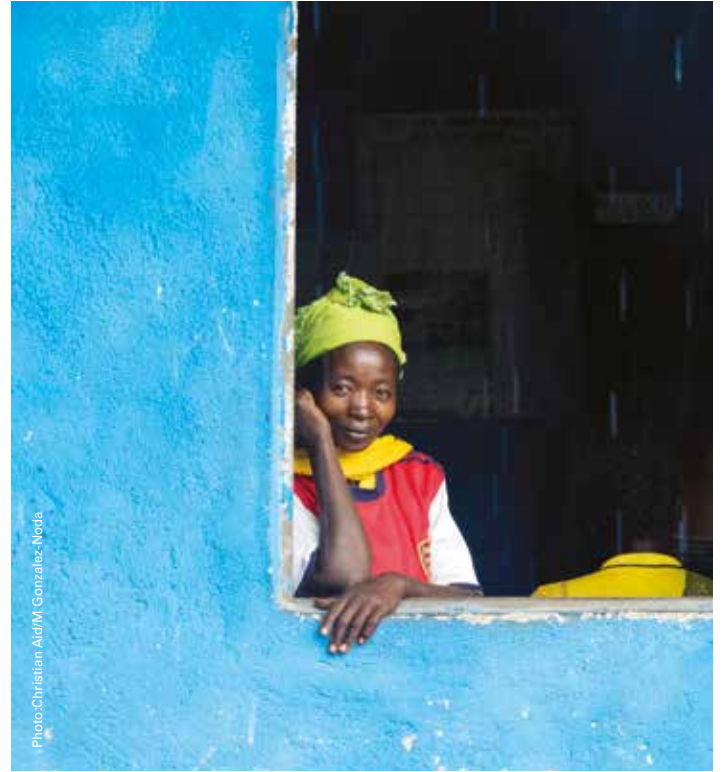
### The partners

Christian Aid is partnering with WSA and EIFDDA to improve lives in Gamogofa, Wolayta and Segen Zones of southern Ethiopia.

WSA works to improve the lives of women and communities affected by poverty and inequality. With Christian Aid's support, the organisation has set up women's self-help groups and micro-credit schemes to enable women to become self-sufficient and economically independent. These groups also provide a forum for women to discuss key social and family issues that affect their lives.

Christian Aid partners aim to improve women's access to reproductive healthcare, educate women about contraception and basic healthcare, and improve transport links to hospitals. This means ensuring access to quality reproductive health information and services for women, targeting the most vulnerable people with the least access to reproductive health.

In the long term, our partners will work with women to give them the skills they need to earn an income and support themselves.



Improving women's health benefits the whole community

### Thank you

Creating change in Ethiopia will not happen overnight. To improve people's health, we must educate communities and work with them to improve their prospects. Giving women support to receive an education, such as learning basic maths and literacy skills, means women are more employable, can manage their finances and can have a voice in their community.

Thank you for joining us on this road to building a better future for young women in Ethiopia.

**For every pound you raise for this project, the EU has pledged to match it by adding £5. This means the £5,000 your church pledges will turn into an amazing, life-changing amount of £25,000.**



If there is any way we can help your group, please contact your local Christian Aid office, email [partnership@christian-aid.org](mailto:partnership@christian-aid.org) or visit [christianaid.org.uk/partnerships](http://christianaid.org.uk/partnerships)